SupportStore offers our 100% silicon, seamless wristbands in one or both of these sizes for each cause.

Print out this page, cut out the wristband image and wrap it around your wrist (or any other wrists you happen to have near you!) to check the fit.

Use a ruler to make sure you printed this to scale, and that the printout is actually 7 or 8 inches.

Note: The wristband is stretchy and will fit over your wrist, so don’t tape this together unless it’s already wrapped around your wrist.